

## Student Seasonal Allergy Survey

(Note: This survey is only for seasonal allergies.)

Child's Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Date: \_\_\_\_\_

During which months are seasonal allergy symptoms experienced?

\_\_\_ Jan/Feb/Mar     \_\_\_ Apr/May/Jun     \_\_\_ Year Round  
\_\_\_ Jul/Aug/Sept     \_\_\_ Oct/Nov/Dec

Check all the allergy symptoms experienced:

\_\_\_ runny or stuffy nose     \_\_\_ itchy/watery eyes     \_\_\_ sneezing  
\_\_\_ scratchy or sore throat     \_\_\_ itchy nose     \_\_\_ itchy ears  
\_\_\_ dark rings under eyes     \_\_\_ headache     \_\_\_ loss of productivity

Does your child experience hives or itchy skin? \_\_\_ Yes     \_\_\_ No

Rate the severity of your child's allergy symptoms on a scale of 1-10 (1= mild; 10 = severe): \_\_\_\_\_

Has your child used a seasonal allergy medicine in the last 12 months? If yes, which one(s)?

Prescription: \_\_\_\_\_

OTC (Over-the-Counter) or holistic/herbal: \_\_\_\_\_

Which of the following have you done in the last 12 months for your child's allergies?

\_\_\_ visited a doctor specifically for seasonal allergy symptoms  
\_\_\_ visited a doctor for another reason and asked about seasonal allergy treatment  
\_\_\_ have not seen a doctor for allergy issues

Other than your child, do any other members of your household suffer from seasonal allergies?

\_\_\_ parent     \_\_\_ sibling 12 and over     \_\_\_ sibling under 12     \_\_\_ no one else

**Do you want your child to stay indoors for recess or gym during the days or weeks when allergy symptoms are greatest?** \_\_\_ Yes     \_\_\_ No

Parent/Guardian signature: \_\_\_\_\_

Please complete survey and return to the school nurse.